**Menú semanal**

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| --- | --- | --- | --- | --- | --- | --- | --- |
| **Tiempo de alimentación** | **Lunes** | **Martes** | **Miércoles** | **Jueves** | **Viernes** | **Sábado** | **Domingo** |
| **Desayuno** |  |  |  |  |  |  |  |
| **Comida** |  |  |  |  |  |  |  |
| **Cena** |  |  |  |  |  |  |  |
| **Colaciones** |  |  |  |  |  |  |  |